

Transportation Options for Employment after Graduation for Individuals with Intellectual Disabilities (Fact Sheet #2)

Planning for your future is important. Getting around independently is an important part of being an adult. This information sheet describes the transportation options available to individuals with intellectual disabilities. Consider these options as you plan for work, volunteering and to get around for medical appointments and fun. How a person gets to work is an important part of finding the right job. Getting to work is an important cost to consider. Each person's community offers a different array of transportation options. Ask other people how they get to work to learn more about the options in your community.



Take Charge of Your Life

CHOOSE WORK

What are my Transportation Options?

Walk or ride a bike to work and community locations.

Family, Friends, Neighbors and Co-Workers/Car Pooling — Natural supports should be considered. Maybe someone from your church or synagogue would be willing to drive you for a small fee.

Commuter Services — Arrange commuter services by contacting Commuter Services of PA at www.pacommuterservices.com. Check out their online ride sharing database.

Driving — Obtain your drivers license.

- Contact your teacher for information about obtaining your license.
- Contact your Supports Coordinator for information and resources about driving.

Public Buses - Consider riding the bus. Buses run on a regular basis. Bus routes go from local businesses, colleges, shopping centers and restaurants throughout the community.

- If you need help in learning to ride the public bus, contact your Supports Coordinator.

Taxi — A taxi cab can provide trips to and from work and to other activities in the community.

Intellectual Disabilities System — The Intellectual Disabilities System can provide funding and transportation services as a last resort. Options that can be considered are:

1. Private Provider of Transportation Services—payment of a per mileage rate
 2. Private Provider of Group Transportation Services
 3. Share-A-Ride— door-to-door service for folks unable to ride the bus
- Contact your Supports Coordinator for information about Intellectual Disabilities Services and funding.
 - Contact the Office of Vocational Rehabilitation for information about work.
 - Contact Social Security for more information about work incentives, including funding options.

Everyone who works has transportation costs.

How much does it cost to get to work?

Owning an Automobile	Average per day cost* (gas, maintenance, insurance & parking)	\$74.00 a day
Privately paid ride service	Per Trip	\$5 - \$20 per trip
Owning a Bicycle	Upfront costs (bike, helmet, lock, lights, tires)**	\$ 225 - \$300 to purchase \$25 annually
CAT Bus Pass		\$720 a year

*National Transportation Department 2012 statistics

**Kiplinger's Report

Other Considerations:

1. **Para Transit Program**—If a person is unable to use the fixed bus route because of his or her disability, the transportation authority provides Para transit service. In this area, this service is provided by CAT Share—A—Ride. This service is provided wherever the regular bus service operates and during the same day and hours. Once approved for Para transit service, an individual can travel to any destination along the regular bus route.

Rural Transportation Program for Persons with Disabilities (PwD) - Capital Area Transit (CAT) operates a variety of transportation services in Harrisburg, Cumberland County, and Dauphin County. The SET program provides door-to-door service for qualified persons, in the areas and at the times when bus service is generally available. This service is intended to fulfill the requirements of the Americans with Disabilities Act (ADA). The service is *shared-ride* in nature. That means that you will likely be riding with others, and that other individuals may be picked up and dropped off before you reach your destination. Call the CAT office at 232-6100 and ask to be sent an application. The application requires the signature of a medical or human services professional to become certified. The passenger may be accompanied by a Personal Care Attendant (at no charge). Additional companions may ride on a "space available" basis. Contact your Supports Coordinator for additional information about PwD.

Special Efforts Transportation (SET) —Door to door service in the areas and at times when bus service is generally available. Individuals are eligible if they are unable to use regular buses or unable to travel to and from a bus stop, due to physical or mental disability. An application is necessary and requires certification by a medical professional. Contact Share-A-Ride for more information.

2. **Medical Assistance Transportation Program (MATP)** - MATP provides transportation to medical appointments for individuals who receive Medical Assistance, and who do not have regular transportation. Transportation can be provided to doctor's offices, clinics, therapists, outpatient services, mental health centers, a psychologist and or ambulatory surgical services. An individual can also get mileage reimbursement if they use their own car or find someone who gives them a ride. Mileage reimbursement is paid per mile. For more information, contact:

Cumberland County, contact (717) 240-6340

Dauphin County, contact (717) 232-7009

Perry County, contact (717) 567-2490