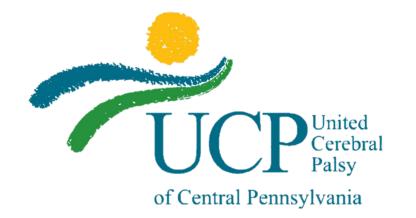
## **Technology for Transition**





#### Presenter:

#### Marci Walborn, OTR/L, ATP



As Director of Childhood and Ancillary Services, Marci Walborn provides strategic direction and oversight of several inter-related UCP service lines, including Early Intervention, Family Support, and Assistive Technology/Independent Living Technology. She is responsible for fiscal oversight, regulatory compliance, continuous staff development, and ongoing evaluation of each service. With over 20 years of hands-on experience in Early Interventionand as a testament to her commitment to the successful early development of all children–Marci continues to support a small caseload as an Occupational Therapist. She also lends her Occupational Therapy knowledge and expertise to other UCP divisions as needed.



#### This session includes:

- Learn about tools for independent living and employment
- Identify solutions to common barriers or challenges to transitioning with assistive technology
- Locate potential funding sources for assistive technology services and supports in adulthood



#### Assistive Technology

- Official Definition:
  - An item or piece of equipment that "is used to increase, maintain, or improve the functional capacities of individuals with disabilities."
- Common Sense Definition:
  - Tools that make life easier, safer, or more independent



#### Find a Solution





#### Roles of Technology

- Maximize independence in academic, self- care and vocational tasks
  - Ex. Notetaking tools, calculators, memory aids
- Increase participation
  - Ex. Communication tools, remote learning platforms
- Encourage development of self-advocacy



#### **Executive Function**

- Planning
  - Google Calender, <u>AnyDo</u>, <u>ToDoist</u>, <u>Remember the Milk</u>
- Time Awareness
  - <u>Time Timer</u>, Visual Timer, Multi-Timer (<u>MultiTimer</u> (iOS) or <u>LemonClip</u> (Android))
- Staying on Schedule
  - Pomodoro Timer, Vibrating Wrist Watches
- Focus and Attention
  - Noisli, Flipd, Screen masking, Website and App blocking tools





#### Job Accommodations

- Adapted computer equipment
- Noise-cancelling headset
- Standing support stools or anti-fatigue floor mat
- Alternative lighting (non-fluorescents, anti-glare filters) or cubicle shield
- For more information, visit the Job Accommodation Network at <u>askjan.org</u>



#### Self-Care/Independent Living

- Medication Reminders
- Bed-Shakers
- Money Management





#### Barriers to Technology Transition

- Ownership
- Funding
- Practice Scenarios
- Acceptance



#### Barriers to Technology Transition - Ownership

- Devices used at school
  - Who owns the device?
  - Will the device be needed after graduation? (post-secondary education, employment, independent living)
  - What services are currently provided by school to support the use of the device?
  - Will these services be needed after graduation?



#### Barriers to Obtaining AT

- Ever-changing technology
- Not enough providers
- Lack of operational competence (providers and users)
- Finding the "best fit"
- AT considerations missing in transition plans
- Lack of self-determination
- \$\$\$\$



#### Public Funding Sources

- Medicaid, Medicare, Waivers
  - Provide AT/DME for individuals who need intermediate supports for community living
    - Not necessarily to be used for employment
- Office of Vocational Rehabilitation
  - Provides devices and services needed to get or keep a job
    - May not be available during transition, but after graduation
    - May be a waiting list and/or a required "contribution"





#### Private Funding Sources

- Use private insurance
- Private foundations or charities
- Crowdfunding
- Get a loan
  - Pennsylvania Assistive Technology Foundation (PATF): <u>https://patf.us/</u>
- Get it used
  - Reused and Exchanged Equipment Partnership (REEP): <u>https://techowlpa.org/reep/</u>



#### Hints for Successful AT Transition

- Start **now** with tools that help foster independence
- Revisit AT "early and often" in the IEP
- Understand ownership and funding, including future access
- Identify post-secondary goals ASAP, and explore AT needed to achieve them



#### Additional Hints for Successful AT Transition

- Pursue relationships with post-secondary world (e.g. volunteer positions; campus visits) to check out AT needs in other environments
- Develop relationships with OVR, student services offices, etc.
- Find successful mentors with disabilities and learn the role of AT in their lives



#### Resources:

- TechOWL (Pennsylvania's Assistive Technology Act Program)
  - <u>https://techowlpa.org/</u>
- Local Assistive Technology Resource Centers in Pennsylvania
  - https://techowlpa.org/atrc/
- Job Accommodation Network (jan)
  - https://www.askjan.org



### ANY QUESTIONS?





#### Contact Us For More Information

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# THANK YOU!

